

### **CLEANING POLICY AND PROCEDURES (INFECTION CONTROL) DURING COVID-19 PANDEMIC**

- Physiotherapists to wash their hands with soap and water before and after each patient
- Physiotherapist to use hand sanitiser before and after each patient session
- Physiotherapist to wear disposable face mask (single use), disposable apron (single use), disposable gloves (single use) and eye protection shield for each patient throughout the entire session
- Patient to wear their own face mask at all times throughout their physiotherapy session
- Physiotherapist to use hand sanitiser before donning and after removing Personal Protective Equipment (PPE)
- Physiotherapist to clean the eye protection shield after each patient, using antibacterial disinfectant spray
- Patients will be required to use hand sanitiser provided by Cayley Physiotherapy before and after their physiotherapy session
- The treatment bed will be covered with single use paper towelling for each patient's session and will be disposed of after the session. It will be disposed of as per government guidelines.
- A pillow during each patient session will only be used if deemed necessary. It will be covered with single use paper towelling and the pillow case will be changed at the end of the treatment session and washed accordingly.
- All surfaces and equipment that the patient and Physiotherapist has been in contact with will be cleaned using disinfectant spray, paper towels and antibacterial wipes (including treatment bed, chairs, doors, door handles, light switches, door knocker, card payment machine)
- Physiotherapists to wear single use gloves during the cleaning process and dispose of them appropriately afterwards as per government guidelines
- After each treatment day the floors will be vacuumed and cleaned with disinfectant spray and paper towels
- All PPE used in each patient session will be disposed of appropriately between patients. All bins to have bin liner. All bins to be emptied and disposed of appropriately at the end of each day

### **PERSONAL PROTECTIVE EQUIPMENT PROTOCOL (PPE):**

1. Physio to don apron, gloves face mask, and if required face visor, prior to calling patient into the building
2. Physio to wear all PPE throughout face to face treatment session.
3. Physio to wash hands with hand sanitiser as soon as gloves removed to how patient out of the building.
4. Safely remove all PPE, gloves first, then face mask, then apron, after the treatment session and dispose of in a plastic bin bag and double bag it. Place the plastic bin bag into a larger refuse sack
5. Place refuse sack outside for 72 hours prior to putting it in a bin for disposal
6. Wash hands and lower arms with soap and water and then hand sanitiser
7. Clean down all surfaces with disinfectant in the treatment room and any surfaces patient has come into contact with